

# Pool Schedule



Monday-Friday	Deep Pool		Shallow Pool	
6-7:55am	Deep Pool Swim		Shallow Pool Swim	
8-8:55am	D.P. Swim (Tue, Thurs and Fri)	Aqua Fit (Mon & Wed)		
9-10:55am	Deep Pool Swim			
11-11:55am	(Thur 11-11:30 3 Lanes used by Navy Seals)		S.P. Swim (Mon, Wed, & Fri)	Aqua Flex (Tue & Thurs)
12-1:55pm			S.P. Swim	
2-3:55pm	<b>C L O S E D</b>			
4-5:55pm	D.P. Swim <b>**Fri pool closes @ 6pm**</b>		S.P. Swim <b>**Fri pool closes @ 6pm**</b>	
6-6:55pm	D.P. Swim (Mon, Tue, Thurs)	Aqua Fit (Wed)	S.P. Swim (Mon – Thursday)	

Saturday	Deep Pool	Shallow Pool
9am-1pm	Deep Pool Swim	Shallow Pool Swim

**Building Hours:**

Monday-Thursday: 6am-8pm  
 Friday: 6am-7pm  
 Saturday: 9am-2pm  
 Sunday: Closed

The hot tub is available whenever the pools are open.

**\*\*Closed Tuesday mornings for weekly cleaning\*\***

If you have questions, please contact the Aquatics Department:  
 (989) 753-7721 ext. 215

updated 8.14.2021

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# Pool Usage – starting 7/22/21



- User Notes:
- Lifeguards are limited, per insurance, on number of people they can watch and may ask you to wait if at their capacity.
  - All must shower before entering the pools using showers in the locker rooms or on the pool deck.
  - Equipment is available for use, but there are some restrictions.

## Swim Descriptions:

### Deep Pool Swim: ages 14 or older

- For exercise: lap swimming, walking, aerobic exercise, etc.
- If any are under 14 and would like to use the deep pool, they must pass the deep pool swim test in a strong manner: jump in deep end, tread water for 1 minute, and swim on front to shallow end, all done without touching walls or bottom.
- There may be limited lanes available during programs

### Aqua Flex: ages 14 or older

### Aqua Fit: ages 14 or older

### Swim Lessons: all ages

### Shallow Pool Swim: ages 14 or older

- If under 14, families must come in together
- If under 7, an adult must be in the water and within arm's reach
- For exercise or recreation: walking, aerobic exercise, family time, etc.
- Swimmers and lifeguards determine how to split the shallow pool based off users, being respectful of each other
- Adults (18 or older) must be in the water within arm's reach of children younger than 7 years of age and must not be distracted or on their phone

### Hot Tub: ages 14 or older

- Users Limited to 15 minutes

- Reservations:
- Only for one lane of the deep pool during deep pool swim times
  - Deep Pool Swim reservations will only be needed for one designated lane with a capacity of 2 people and they must share the lane.
  - If there are no reservations for that lane or no one shows in the first 15 minutes, it can be filled by "drop in"
  - Reservations can be made online, at the front desk, or by calling
  - Reservations open 7 days before and close 1 hour prior
  - Swim times are for the designated 55 minutes, you may leave earlier but cannot stay later.

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