Pool Schedule

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| Monday- Friday | Deep Pool | | | Shallow Pool | | | |
| 6-7:55am | Deep Pool Swim | | | Shallow Pool Swim | | | |
| 8-8:55am | D.P. Swim  (Tue, Thurs and Fri) | Aqua Fit  (Mon & Wed) | |
| 9-10:55am | Deep Pool Swim  (Thur11-11:30 3 Lanes used by)  Navy Seals | | |
| 11-11:55am | S.P. Swim  (Mon, Wed, & Fri) | | Aqua Flex  (Tue & Thurs) | |
| 12-1:55pm | S.P. Swim | | | |
| 2-3:55pm | **C L O S E D** | | | | | | |
| 4-5:55pm | D.P. Swim  **\*\*Fri pool closes @ 6pm\*\*** | | | | S.P. Swim  **\*\*Fri pool closes @ 6pm\*\*** | | |
| 6-6:55pm | D.P. Swim  (Mon, Tue, Thurs) | | Aqua Fit  (Wed) | S.P. Swim  (Mon – Thursday) | | |  |

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| Saturday | Deep Pool | Shallow Pool |
| 9am-1pm | Deep Pool Swim | Shallow Pool Swim |

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| Building Hours:  Monday-Thursday:  Friday:  Saturday:  Sunday: | 6am-8pm  6am-7pm  9am-2pm  Closed | The hot tub is available whenever the pools are open.  \*\*Closed Tuesday mornings for weekly cleaning\*\* |
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Pool Usage – starting 7/22/21

User Notes: - Lifeguards are limited, per insurance, on number of people they can

watch and may ask you to wait if at their capacity.

* All must shower before entering the pools using showers in the locker rooms or on the pool deck.
* Equipment is available for use, but there are some restrictions.

Swim Descriptions:

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| Deep Pool Swim: ages 14 or older   * For exercise: lap swimming, walking, aerobic exercise, etc. * If any are under 14 and would like to use the deep pool, they must pass the deep pool swim test in a strong manner: jump in deep end, tread water for 1 minute, and swim on front to shallow end, all done without touching walls or bottom. * There may be limited lanes available during programs   Aqua Flex: ages14 or older  Aqua Fit: ages14 or older  Swim Lessons: all ages | Shallow Pool Swim: ages14 or older  -If under 14, families must come in together  -If under 7, an adult must be in the water and within arm’s reach   * For exercise or recreation: walking, aerobic exercise, family time, etc. * Swimmers and lifeguards determine how to split the shallow pool based off users, being respectful of each other * Adults (18 or older) must be in the water within arm’s reach of children younger than 7 years of age and must not be distracted or on their phone   Hot Tub: ages 14 or older   * Users Limited to 15 minutes |

Reservations: - Only for one lane of the deep pool during deep pool swim times

* Deep Pool Swim reservations will only be needed for one designated lane with a capacity of 2 people and they must share the lane.
* If there are no reservations for that lane or no one shows in the first 15 minutes, it can be filled by "drop in"
* Reservations can be made online, at the front desk, or by calling
* Reservations open 7 days before and close 1 hour prior
* Swim times are for the designated 55 minutes, you may leave earlier but cannot stay later.