

Pool Schedule - Phase 4



Monday-Friday	Deep Pool		Shallow Pool						
6-6:50am	Lap Swim		Water Walk						
7-7:50am									
8-8:50am	Lap Swim (Tue, Thurs and Fri)	Aqua Fit (Mon & Wed)							
9-9:50am	Lap Swim					Water Walk (Mon, Wed, & Fri)		Aqua Flex (Tue & Thurs)	
10-10:50am									
11-11:50am									
12-12:50pm			Water Walk						
1-1:50pm									
4-4:50pm	Swim Lessons (Mon, Tue, & Thurs)	Lap Swim (Wed & Fri)	Swim Lessons (Mon, Tue, & Thurs)	Water Walk (Wed)	Family Swim (Fri)				
5-5:50pm									
6-6:50pm	Lap Swim		Water Walk (Mon - Thurs)						

Saturday	Deep Pool	Shallow Pool
9-9:50am	Lap Swim	Water Walk
10-10:50am		
11-11:50am		Family Swim
12-12:50pm		
1-1:50pm		

Building Hours:

Monday-Friday: 6:00am-7:00pm
 Saturday: 9:00am-2:00pm
 Sunday: Closed

Capacity:

- Lap Swim: 7
- Water Walk: 4
- Family Swim: 2 households
- Aqua Fit: 12
- Aqua Flex: 9

If you have questions, please contact the Aquatics Director:

(989) 753-7721 ext. 215
 SBeal@SaginawYMCA.org

updated 2.15.2021

Pool Usage – Phase 4



- Special Notes:**
- Swimmers will enter and exit via locker rooms and enter the pool they have a reservation for.
 - Must shower before entering the pools using showers in the locker rooms or on the pool deck.
 - Swimmers are encouraged to bring their own equipment.
 - Members are asked to wipe down showers before and after use.

Swim Descriptions:

Lap Swim: ages 14 or older

- When sharing lanes, start at opposite ends.

Water Walk: ages 14 or older

Aqua Flex: ages 14 or older

- Reservation required

Aqua Fit: ages 14 or older

- Reservation required

Swim Lessons: all ages

- Registration required

Family Swim: all ages

- Adults must be in the water within arm's reach of children younger than 7 years
- All must have memberships to participate or be a member's guest, as we are not accepting day passes or membership reciprocity at this time
- Household is a maximum of 8 people living in the same residence
- Families and lifeguards determine how to split the shallow pool based off swimmers' needs

- Reservations:** Members must make a reservation to guarantee a lane.
- Reservations can be made online, at the front desk, or by calling
 - Only 1 reservation per day
 - Reservations open 5 days before and close 1 hour prior
 - Swim times are for the designated 50 minutes, you may leave earlier but cannot stay later.
 - If you do not show up in the first 15 minutes, your spot may be taken by another swimmer.
 - If there are spots in the pool open, a reservation is not necessary, but they are encouraged to ensure you have a lane.

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