

* The Aquatics Department reserves the right to change the Schedule and/or its Policies at any time if judged necessary

SHALLOW POOL SCHEDULE - JULY 2026

POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	*CLOSED*	***	***	***	***	***	*CLOSED*
6:00-6:30		***	***	***	***	***	
6:30-7:00	JULY	***	***	***	***	***	JULY
7:00-7:30							
7:30-8:00	5TH						4TH
8:00-8:30							
8:30-9:00	***						
9:00-9:30	***		B&G - 9- 10am				
9:30-10:00	***		JULY 21, 22, 23, 28, 29, & 30				
10:00-10:30	***						YSL
10:30-11:00							JULY
11:00-11:30		WATER		WATER		WATER	11, 18, & 25
11:30-12:00		FITNESS		FITNESS		FITNESS	10am-Noon
12:00-12:30							
12:30-1:00							
1:00-1:30							
1:30-2:00							
2:00-2:30		***	***	***	***	***	
2:30-3:00		***** MID DAY CLOSE *****					
3:00-3:30		***** 2 - 4 PM *****					
3:30-4:00	***	***	***	***	***	***	
4:00-4:30	***				YSL		***
4:30-5:00	***				JULY	SOSP	***
5:00-5:30	***				2,9, & 16	JULY 24TH	***
5:30-6:00	***				4 - 6pm	4:30-6PM	***
6:00-6:30	***						***
6:30-7:00	***					***	***
7:00-7:30	***					***	***

YOUTH SWIM LESSONS (YSL)

REGISTERED SWIM LESSON PARTICIPANTS ONLY
 No Other Members/Swimmers Will Be Allowed in Shallow Pool During Swim Lesson Periods

NO EXCEPTIONS !!

OPEN SWIM PERIOD

YOUTH OF ALL AGES & FAMILY WELCOME

UNDER THE AGE OF 4 – Must be in the arms of an adult or at arm reach of an adult at all times (ratio 1:1)
AGES 4 to 7 YEARS OLD – Adult must be in the water and always keep swimmers at arm reach (ratio 1:4)
AGES 8 to 13 YEARS OLD – Adult must be in the water or on the pool deck (ratio 1:6)

WATER FITNESS

ACTIVE CLASS PARTICIPANTS ONLY
 No Other Members/Swimmers Will Be Allowed in Shallow Pool During Water Fitness Classes
 (Unless Private Swim Lesson or PT)

NO EXCEPTIONS !!

****BOYS & GIRLS CLUB(B&G) **SHALLOW POOL RESERVED FOR COMMUNITY GROUP ONLY ****

***** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED *****

**** SPECIAL SCHEDULED EVENTS OR CLASSES ****

****SPECIAL OLYMPICS SPLASH PARTY (SOSP) - JULY 24 - 4:30-6PM****

DEEP POOL SCHEDULE - JULY 2026

POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
6:00-6:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
6:30-7:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
7:00-7:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
7:30-8:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
8:00-8:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
8:30-9:00	***	WATER	WATER	WATER	WATER		
9:00-9:30	***	FITNESS	FITNESS	FITNESS	FITNESS		
9:30-10:00	***						
10:00-10:30							
10:30-11:00							YSL
11:00-11:30			NAVY SEALS				Lanes
11:30-12:00			Lane 4&5				4&5
12:00-12:30		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
12:30-1:00		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
1:00-1:30							
1:30-2:00							
2:00-2:30		***	***	***	***	***	
2:30-3:00	FAMILY FUN	**** MID DAY CLOSE ****					
3:00-3:30	FAMILY FUN	**** 2 - 4 PM ****					
3:30-4:00	Flot & Flow	***	***	***	***	***	***
4:00-4:30	JULY 26th						***
4:30-5:00	***				YSL		***
5:00-5:30	***				Lanes		***
5:30-6:00	***				4 & 5		***
6:00-6:30	***				DIVE & GLIDE *		***
6:30-7:00	***				DEEP END	***	***
7:00-7:30	***				JULY 9, 16, & 23	***	***
LAP SWIM ONLY Must Be Swimming Full Length Using Swim Strokes or Swim Drills (Freestyle, Back, Breast, Fly, etc) <i>- At Least 80% of Time in Lane -</i> *** TREADING, WATER AEROBICS, NOODLES, ETC MUST MOVE TO LANE 1 - NO EXCEPTIONS !!		WATER FITNESS ACTIVE CLASS PARTICIPANTS ONLY Fitness to Use Shallow End Only Lines Will Be Moved to Lane 5 Wall Deep End Marking Line Installed *** Deep End May be Used for Treading or Exercises (Must Be Able to Enter AND Exit Deep End Unassisted Using Ladder or Pool Deck)		OPEN SWIM PERIOD YOUTH & FAMILY WELCOME Lap Swim Prioritized - Lanes 2-3-4 *** Under 14 MUST Take Swim Test PARENT MUST BE IN WATER WITH YOUTH UNDER 8 AT ALL TIME ** See Lifeguard on Duty ** ONLY YOUTH WHO PASSED SWIM TEST WILL BE ALLOWED IN DEEP POOL		FAMILY FUN SUNDAY YOUTH & FAMILY WELCOME Use of Shallow End Only *** PARENT MUST BE IN WATER WITH YOUTH UNDER 14 AT ALL TIME All Participants Must Remain in Shallow End of Pool *** NO KIDS UNDER 5 ALLOWED	
YOUTH SWIM LESSONS - LANES 4 & 5 RESERVED - OPEN SWIM IN LANES 1, 2 & 3							
NAVY SEALS - LANES 4 & 5							
*** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED ***							
** SPECIAL SCHEDULED EVENTS OR CLASSES **							
* DIVE & GLIDE (Scuba Diving) - DEEP END (Thursday PM - Starting at 6:00PM) July 9th, 16th, & 23rd *							