

* The Aquatics Department reserves the right to change the Schedule and/or its Policies at any time if judged necessary

SHALLOW POOL SCHEDULE - MAY 2026

POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***	***	***	***	***	***	***
6:00-6:30	NOTE - SAFETY AROUND WATER - SHALLOW POOL - SPECIAL SESSION THURSDAY, MAY 28 - NOTE						
6:30-7:00	** 9:30AM - 11:00AM and 12:30PM - 2:00PM ** RESERVED KIDS ONLY **						
7:00-7:30	***						***
7:30-8:00	***						LIFEGUARD
8:00-8:30	***						* RESERVED *
8:30-9:00	***						MAY 16 - 17
9:00-9:30	***	WATER			WATER		ALL DAY TRAINING
9:30-10:00	LIFEGUARD	SAFETY			SAFETY		
10:00-10:30	* RESERVED *	RESERVED			RESERVED		YOUTH
10:30-11:00	MAY 16 - 17	* KIDS ONLY *			* KIDS ONLY *		RESERVED
11:00-11:30	ALL DAY TRAINING	WATER		WATER	** SPECIAL **	WATER	* KIDS ONLY *
11:30-12:00		FITNESS		FITNESS	MAY 28 ONLY	FITNESS	LESSONS
12:00-12:30		WATER			RESERVED		
12:30-1:00		SAFETY			* KIDS ONLY *		
1:00-1:30		RESERVED	ISD		WATER		
1:30-2:00		* KIDS ONLY *	RESERVED		SAFETY		
2:00-2:30	FAMILY FUN	***	ONLY	***	***	***	PARENTS
2:30-3:00	FAMILY FUN	***	MAY 19 and 26	***	***	***	* KIDS ONLY *
3:00-3:30	FAMILY FUN	***	***	***	***	***	NIGHT OUT
3:30-4:00	FLOAT - FLOW	***	***	***	***	***	MAY 16
4:00-4:30	FLOAT - FLOW				YOUTH		***
4:30-5:00	FLOAT - FLOW	SP. OLYMPICS			RESERVED	JACK & JILL ORG.	***
5:00-5:30	FLOAT - FLOW	HAVE ACCESS			* KIDS ONLY *	* KIDS ONLY *	***
5:30-6:00	***	AS NEEDED			LESSONS	RESERVED	***
6:00-6:30	***					MAY 1 - 8 - 15	***
6:30-7:00	***					***	***
7:00-7:30	***					***	***

<p>YOUTH SWIM LESSONS</p> <p>REGISTERED SWIM LESSON PARTICIPANTS ONLY No Other Members/Swimmers Will Be Allowed in Shallow Pool During Swim Lesson Periods *** NO EXCEPTIONS !!</p>	<p>WATER FITNESS</p> <p>ACTIVE CLASS PARTICIPANTS ONLY Fitness to Use Shallow End Only Lines Will Be Moved to Lane 5 Wall Deep End Marking Line Installed *** Deep End May be Used for Treading or Exercises (Must Be Able to Enter AND Exit Deep End Unassisted Using Ladder or Pool Deck)</p>	<p>OPEN SWIM PERIOD</p> <p>UNDER THE AGE OF 4 Must be in the arms of an adult or at arm reach of an adult at all times (ratio 1:1) *** AGES 4 to 7 YEARS OLD Adult must be in the water and always keep swimmers at arm reach (ratio 1:4) *** AGES 8 to 13 YEARS OLD Adult must be in the water or on the pool deck (ratio 1:6)</p>	<p>FAMILY FUN SUNDAY</p> <p>YOUTH & FAMILY WELCOME *** PARENT MUST BE IN WATER WITH YOUTH UNDER 14 AT ALL TIME All Participants Must Remain in Shallow Pool *** ALL KIDS AND FIRST TIME SWIMMERS ALLOWED</p>
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SAFETY AROUND WATER PROGRAM ** SHALLOW POOL RESERVED - KIDS ONLY **
SAGINAW ISD **SHALLOW POOL RESERVED - PARTICIPANTS ONLY ** - SESSION ENDING MAY 26
FLOAT AND FLOW - SOUND THERAPY (NOT A YMCA CLASS - CONTACT SMartin272@gmail.com FOR DETAILS)
*** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED ***

** SPECIAL SCHEDULED EVENTS OR CLASSES **
* MAY - LIFEGUARD TRAINING - LANES 1, and 2 (SATURDAY, MAY 16 and SUNDAY, MAY 17 - ALL DAY)
* MAY - PARENTS NIGHT OUT - Shallow Pool (SATURDAY MAY 16 - 2:00PM - 3:30PM)
* JACK & JILL of AMERICA ** RESERVED ** - Shallow Pool (FRIDAY, MAY 1, 8, and 15 - 4:30PM - 6:00PM)
SAFETY AROUND WATER PROGRAM ** SHALLOW POOL RESERVED - KIDS ONLY **
SAFETY AROUND WATER PROGRAM ** MONDAYS, MAY 4, 11, 18 AND THURSDAY, MAY 28 **

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DEEP POOL SCHEDULE - MAY 2026							
POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
6:00-6:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
6:30-7:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
7:00-7:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
7:30-8:00	***	LANE LINES WILL BE MOVED AT 8:25AM				LAP SWIM	LIFEGUARD
8:00-8:30	***					LAP SWIM	* RESERVED *
8:30-9:00	***	WATER	WATER	WATER	WATER		LANES 1, and 2
9:00-9:30	***	FITNESS	FITNESS	FITNESS	FITNESS		MAY 16 - 17
9:30-10:00	LIFEGUARD	LANE LINES WILL BE MOVED BACK BY 9:35AM					ALL DAY TRAINING
10:00-10:30	* RESERVED *						YOUTH
10:30-11:00	LANES 1, and 2						RESERVED
11:00-11:30	MAY 16 - 17		NAVY SEALS				* KIDS ONLY *
11:30-12:00	ALL DAY TRAINING		** LANES 4 - 5 **				LESSONS
12:00-12:30		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
12:30-1:00		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	
1:00-1:30							
1:30-2:00							
2:00-2:30		***	***	***	***	***	
2:30-3:00		***	***	***	***	***	
3:00-3:30		***	***	***	***	***	
3:30-4:00		***	***	***	***	***	
4:00-4:30	***						***
4:30-5:00	***	SP. OLYMPICS			YOUTH		***
5:00-5:30	***	* LANES 2-3-4-5 *			RESERVED		***
5:30-6:00	***	RESERVED		LANE LINES	* KIDS ONLY *		***
6:00-6:30	***			MOVED at 6:00PM	LESSONS		***
6:30-7:00	***			WATER	DIVE & GLIDE *	***	***
7:00-7:30	***			FITNESS	APRIL 9, 16, 23	***	***
LAP SWIM ONLY		WATER FITNESS		OPEN SWIM PERIOD		FAMILY FUN SUNDAY	
Must Be Swimming Full Length Using Swim Strokes or Swim Drills (Freestyle, Back, Breast, Fly, etc) - At Least 80% of Time in Lane - ***		ACTIVE CLASS PARTICIPANTS ONLY Fitness to Use Shallow End Only Lines Will Be Moved to Lane 5 Wall Deep End Marking Line Installed *** Deep End May be Used for Treading or Exercises (Must Be Able to Enter AND Exit Deep End Unassisted Using Ladder or Pool Deck)		YOUTH & FAMILY WELCOME Lap Swim Prioritized - Lanes 2-3-4 *** Under 14 MUST Take Swim Test PARENT MUST BE IN WATER WITH YOUTH UNDER 8 AT ALL TIME ** See Lifeguard on Duty ** ONLY YOUTH WHO PASSED SWIM TEST WILL BE ALLOWED IN DEEP POOL		YOUTH & FAMILY WELCOME Use of Shallow End Only *** PARENT MUST BE IN WATER WITH YOUTH UNDER 14 AT ALL TIME All Participants Must Remain in Shallow End of Pool *** NO KIDS UNDER 5 ALLOWED	
YOUTH SWIM LESSONS - LANES 4 and 5 RESERVED - OPEN SWIM IN LANES 1, 2 & 3							
SPECIAL OLYMPICS - LANES 2, 3, 4 & 5 RESERVED - OPEN SWIM IN LANES 1 ONLY							
NAVY SEALS - LANES 4 and 5 RESERVED - OPEN SWIM IN LANES 1, 2 & 3							
*** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED ***							

** SPECIAL SCHEDULED EVENTS OR CLASSES **
* DIVE & GLIDE (SCUBA Diving) - LANES 4 & 5 (THURSDAYS PM - Starting at 6:00PM) *
* MAY - LIFEGUARD TRAINING - LANES 1, and 2 (SATURDAY, MAY 16 and SUNDAY, MAY 17 - ALL DAY)