

* The Aquatics Department reserves the right to change the Schedule and/or its Policies at any time if judged necessary

SHALLOW POOL SCHEDULE - AUGUST 2025

POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***	***	***	***	***	***	***
6:00-6:30	***	***	***	***	***	***	***
6:30-7:00	***	***	***	***	***	***	***
7:00-7:30	***						***
7:30-8:00	***						***
8:00-8:30	***						***
8:30-9:00	***						
9:00-9:30	***						
9:30-10:00	***						
10:00-10:30	***					KIDS ZONE	
10:30-11:00						* KIDS ONLY *	
11:00-11:30		WATER		WATER			
11:30-12:00		FITNESS		FITNESS			
12:00-12:30			HOUGHTON				
12:30-1:00		VICTORIOUS	* KIDS ONLY *				SPLASH
1:00-1:30		* KIDS ONLY *				YMCA CAMP	* RESERVED *
1:30-2:00						* KIDS ONLY *	PARTY
2:00-2:30	FAMILY FUN	***	***	***	***	***	PARENTS
2:30-3:00	FAMILY FUN	***	***	***	***	***	* KIDS ONLY *
3:00-3:30	FLOAT - FLOW	***	***	***	***	***	NIGHT OUT
3:30-4:00	FLOAT - FLOW	***	***	***	***	***	
4:00-4:30	FLOAT - FLOW						***
4:30-5:00	FLOAT - FLOW						***
5:00-5:30	***						***
5:30-6:00	***						***
6:00-6:30	***				SWIMMING		***
6:30-7:00	***				INSTRUCTOR	***	***
7:00-7:30	***				TRAINING*	***	***
YOUTH SWIM LESSONS REGISTERED SWIM LESSON PARTICIPANTS ONLY No Other Members/Swimmers Will Be Allowed in Shallow Pool During Swim Lesson Periods *** NO EXCEPTIONS !!		WATER FITNESS ACTIVE CLASS PARTICIPANTS ONLY Fitness to Use Shallow End Only Lines Will Be Moved to Lane 5 Wall Deep End Marking Line Installed *** Deep End May be Used for Treading or Exercises (Must Be Able to Enter or Exercises (Must Be Able to Enter AND Exit Deep End Unassisted Using Ladder or Pool Deck)		OPEN SWIM PERIOD UNDER THE AGE OF 4 Must be in the arms of an adult or at arm reach of an adult at all times (ratio 1:1) *** AGES 4 to 7 YEARS OLD Adult must be in the water and always keep swimmers at arm reach (ratio 1:4) *** AGES 8 to 13 YEARS OLD Adult must be in the water or on the pool deck (ratio 1:6)		FAMILY FUN SUNDAY YOUTH & FAMILY WELCOME *** PARENT MUST BE IN WATER WITH YOUTH UNDER 14 AT ALL TIME All Participants Must Remain in Shallow Pool *** ALL KIDS AND FIRST TIME SWIMMERS ALLOWED	
BOYS & GIRLS CLUB **SHALLOW POOL RESERVED FOR COMMUNITY GROUP ONLY **							
COMMUNITY GROUP **SHALLOW POOL RESERVED - ENDING AUGUST 15 **							
YMCA KIDS ZONE DAY CAMP **SHALLOW POOL RESERVED ENDING AUGUST 15 **							
FLOAT AND FLOW - SOUND THERAPY (NOT A YMCA CLASS - CONTACT SMartin272@gmail.com FOR DETAILS)							
*** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED ***							

** SPECIAL SCHEDULED EVENTS OR CLASSES **

*** AUGUST - PARENTS NIGHT OUT - Shallow Pool (Saturday August 2 and August 16 - 2:00PM - 3:30PM)**

**** SPLASH BIRTHDAY PARTY - Saturday August 9 and August 30 - 1:00PM to 2:30PM ****

**** SWIMMING INSTRUCTOR TRAINING - Thursday August 14 - 6:00PM to 7:30PM ****

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DEEP POOL SCHEDULE - AUGUST 2025

POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
6:00-6:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
6:30-7:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
7:00-7:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
7:30-8:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
8:00-8:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
8:30-9:00	***	WATER	WATER	WATER	WATER		
9:00-9:30	***	FITNESS	FITNESS	FITNESS	FITNESS		
9:30-10:00	***						
10:00-10:30	***						
10:30-11:00							
11:00-11:30			NAVY SEALS				SAGINAW
11:30-12:00			AUGUST 19				COUNTY
12:00-12:30		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	SHERIFF
12:30-1:00		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	DIVE & RESCUE
1:00-1:30	SASA						TRAINING*
1:30-2:00	SWIM TEAM						
2:00-2:30	** LANES 3-4-5 **	***	***	***	***	***	AUGUST 23
2:30-3:00	**RESERVED **	***	***	***	VETERANS	***	
3:00-3:30		***	***	***	ONLY	***	
3:30-4:00	***	***	***	***	***	***	***
4:00-4:30	***	DIVE & GLIDE *	DIVE & GLIDE *	DIVE & GLIDE *			***
4:30-5:00	***	DIVE & GLIDE *	SASA	DIVE & GLIDE *		SASA	***
5:00-5:30	***	DIVE & GLIDE *	SWIM TEAM	DIVE & GLIDE *		SWIM TEAM	***
5:30-6:00	***	DIVE & GLIDE *	** LANES 3-4-5 **	DIVE & GLIDE *		** LANES 3-4-5 **	***
6:00-6:30	***	DIVE & GLIDE *	**RESERVED **	DIVE & GLIDE *		**RESERVED **	***
6:30-7:00	***	DIVE & GLIDE *	DIVE & GLIDE *	DIVE & GLIDE *		***	***
7:00-7:30	***				DIVE & GLIDE *	***	***
LAP SWIM ONLY Must Be Swimming Full Length Using Swim Strokes or Swim Drills (Freestyle, Back, Breast, Fly, etc) - At Least 80% of Time in Lane - *** TREADING, WATER AEROBICS, NOODLES, ETC MUST MOVE TO LANE 1 - NO EXCEPTIONS !!		WATER FITNESS ACTIVE CLASS PARTICIPANTS ONLY Fitness to Use Shallow End Only Lines Will Be Moved to Lane 5 Wall Deep End Marking Line Installed *** Deep End May be Used for Treading or Exercises (Must Be Able to Enter AND Exit Deep End Unassisted Using Ladder or Pool Deck)		OPEN SWIM PERIOD YOUTH & FAMILY WELCOME Lap Swim Prioritized - Lanes 2-3-4 *** Under 14 MUST Take Swim Test PARENT MUST BE IN WATER WITH YOUTH UNDER 8 AT ALL TIME ** See Lifeguard on Duty ** ONLY YOUTH WHO PASSED SWIM TEST WILL BE ALLOWED IN DEEP POOL		FAMILY FUN SUNDAY YOUTH & FAMILY WELCOME Use of Shallow End Only *** PARENT MUST BE IN WATER WITH YOUTH UNDER 14 AT ALL TIME All Participants Must Remain in Shallow End of Pool *** NO KIDS UNDER 5 ALLOWED	
YOUTH SWIM LESSONS - LANES 4 & 5 RESERVED - OPEN SWIM IN LANES 1, 2 & 3							
VETERANS ONLY * DEEP POOL CLOSED TO ALL OTHERS * NO ACCESS TO DEEP POOL							
NAVY SEALS - LANES 4 RESERVED - OPEN SWIM IN LANES 1, 2, 3 & 5 (August 19)							
SASA HIGH SCHOOL - GIRL SWIM TEAM - LANES 3, 4 & 5 RESERVED (TUESDAYS and FRIDAYS)							
*** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED ***							

** SPECIAL SCHEDULED EVENTS OR CLASSES **

* DIVE & GLIDE (Scuba Diving) - DEEP END (AUGUST 11-12-13 - 4:00PM to 7:00PM)

* DIVE & GLIDE (Scuba Diving) - DEEP END (THURSDAYS PM - Starting at 6:30PM)

* COUNTY SHERIFF DIVE TEAM - LANES 4 & 5 (Saturday August 23 - 11:00AM - 3:00PM)