

\* The Aquatics Department reserves the right to change the Schedule and/or its Policies at any time if judged necessary

## SHALLOW POOL SCHEDULE - UPDATED SUMMER 2025

POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***	***	***	***	***	***	***
6:00-6:30	***	***	***	***	***	***	***
6:30-7:00	***	***	***	***	***	***	***
7:00-7:30	***						***
7:30-8:00	***						***
8:00-8:30	***						***
8:30-9:00	***						
9:00-9:30	***						
9:30-10:00	***						
10:00-10:30	***					KIDS ZONE	
10:30-11:00						* KIDS ONLY *	
11:00-11:30		WATER		WATER			
11:30-12:00		FITNESS		FITNESS			
12:00-12:30			HOUGHTON				
12:30-1:00		VICTORIOUS	* KIDS ONLY *				SPLASH
1:00-1:30		* KIDS ONLY *				YMCA CAMP	* RESERVED *
1:30-2:00			SUMMER	SUMMER	SUMMER	* KIDS ONLY *	PARTY
2:00-2:30	FAMILY FUN	BOYS & GIRLS	RESERVED	RESERVED	RESERVED		PARENTS
2:30-3:00	FAMILY FUN	RESERVED	* KIDS ONLY *	* KIDS ONLY *	* KIDS ONLY *		* KIDS ONLY *
3:00-3:30	FAMILY FUN	* KIDS ONLY *	MINI-CAMP	MINI-CAMP	MINI-CAMP		NIGHT OUT
3:30-4:00	***	BOYS & GIRLS	* NO OTHER MEMBER/SWIMMER ALLOWED *				
4:00-4:30	***		YSL	YSL	YSL		***
4:30-5:00	***		RESERVED	RESERVED	RESERVED		***
5:00-5:30	***		* KIDS ONLY *	* KIDS ONLY *	* KIDS ONLY *		***
5:30-6:00	***		YSL	YSL	YSL		***
6:00-6:30	***						***
6:30-7:00	***					***	***
7:00-7:30	***					***	***

### YOUTH SWIM LESSONS

#### REGISTERED SWIM LESSON PARTICIPANTS ONLY

No Other Members/Swimmers Will Be Allowed in Shallow Pool During Swim Lesson Periods

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**NO EXCEPTIONS !!**

### WATER FITNESS

#### ACTIVE CLASS PARTICIPANTS ONLY

Fitness to Use Shallow End Only  
Lines Will Be Moved to Lane 5 Wall  
Deep End Marking Line Installed

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Deep End May be Used for Treading or Exercises (Must Be Able to Enter AND Exit Deep End Unassisted Using Ladder or Pool Deck)

### OPEN SWIM PERIOD

#### UNDER THE AGE OF 4

Must be in the arms of an adult or at arm reach of an adult at all times (ratio 1:1)

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#### AGES 4 to 7 YEARS OLD

Adult must be in the water and always keep swimmers at arm reach (ratio 1:4)

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#### AGES 8 to 13 YEARS OLD

Adult must be in the water or on the pool deck (ratio 1:6)

### FAMILY FUN SUNDAY

#### YOUTH & FAMILY WELCOME

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#### PARENT MUST BE IN WATER WITH

#### YOUTH UNDER 14 AT ALL TIME

All Participants Must Remain in Shallow Pool

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**ALL KIDS AND FIRST TIME SWIMMERS ALLOWED**

**BOYS & GIRLS CLUB \*\*SHALLOW POOL RESERVED FOR COMMUNITY GROUP ONLY \*\***

**COMMUNITY GROUP \*\*SHALLOW POOL RESERVED FOR COMMUNITY GROUP ONLY \*\***

**YMCA KIDS ZONE DAY CAMP \*\*SHALLOW POOL RESERVED FOR KIDS ZONE ONLY \*\***

**\*\*\* POOL CLOSED \*\*\* NO ACCESS TO POOL DECK OR HOT TUB \*\*\* POOL CLOSED \*\*\***

### \*\* SPECIAL SCHEDULED EVENTS OR CLASSES \*\*

**\* AUGUST - PARENTS NIGHT OUT - Shallow Pool (Saturday August 2 and August 16 - 2:00PM - 3:30PM)**

**\*\* SPLASH BIRTHDAY PARTY - Saturday August 9 and August 30 - 1:00PM to 2:30PM \*\***

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DEEP POOL SCHEDULE - UPDATED SUMMER 2025							
POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
6:00-6:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
6:30-7:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
7:00-7:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
7:30-8:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
8:00-8:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***
8:30-9:00	***	WATER	WATER	WATER	WATER		
9:00-9:30	***	FITNESS	FITNESS	FITNESS	FITNESS		
9:30-10:00	***						
10:00-10:30							
10:30-11:00							
11:00-11:30			NAVY SEALS				SAGINAW
11:30-12:00			JULY 22				COUNTY
12:00-12:30		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	SHERIFF
12:30-1:00		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	DIVE & RESCUE
1:00-1:30							TRAINING*
1:30-2:00							
2:00-2:30							AUGUST 23
2:30-3:00					VETERANS		
3:00-3:30					ONLY		
3:30-4:00	***						***
4:00-4:30	***		YSL	YSL	YSL		***
4:30-5:00	***		* LANES 4 & 5 *	* LANES 4 & 5 *	* LANES 4 & 5 *		***
5:00-5:30	***		* RESERVED *	* RESERVED *	* RESERVED *		***
5:30-6:00	***		YSL	YSL	YSL		***
6:00-6:30	***		LIFEGUARD				***
6:30-7:00	***		TRAINING*			***	***
7:00-7:30	***				DIVE & GLIDE *	***	***
LAP SWIM ONLY		WATER FITNESS		OPEN SWIM PERIOD		FAMILY FUN SUNDAY	
Must Be Swimming Full Length Using Swim Strokes or Swim Drills (Freestyle, Back, Breast, Fly, etc)  - At Least 80% of Time in Lane -  ***		ACTIVE CLASS PARTICIPANTS ONLY Fitness to Use Shallow End Only Lines Will Be Moved to Lane 5 Wall Deep End Marking Line Installed  *** Deep End May be Used for Treading or Exercises (Must Be Able to Enter AND Exit Deep End Unassisted Using Ladder or Pool Deck)		YOUTH & FAMILY WELCOME Lap Swim Prioritized - Lanes 2-3-4  *** Under 14 MUST Take Swim Test PARENT MUST BE IN WATER WITH YOUTH UNDER 8 AT ALL TIME ** See Lifeguard on Duty ** ONLY YOUTH WHO PASSED SWIM TEST WILL BE ALLOWED IN DEEP POOL		YOUTH & FAMILY WELCOME Use of Shallow End Only  *** PARENT MUST BE IN WATER WITH YOUTH UNDER 14 AT ALL TIME All Participants Must Remain in Shallow End of Pool  *** NO KIDS UNDER 5 ALLOWED	
YOUTH SWIM LESSONS - LANES 4 & 5 RESERVED - OPEN SWIM IN LANES 1, 2 & 3							
VETERANS ONLY * DEEP POOL CLOSED TO ALL OTHERS * NO ACCESS TO DEEP POOL							
NAVY SEALS - LANES 4 RESERVED - OPEN SWIM IN LANES 1, 2, 3 & 5 (July 22)							
MASTER SWIM / LAP SWIM TIPS & TRICKS - LANES 3, 4 & 5 RESERVED							
*** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED ***							

**\*\* SPECIAL SCHEDULED EVENTS OR CLASSES \*\***

\* DIVE & GLIDE (Scuba Diving) - DEEP END (Thursday PM - Starting at 6:30PM)

\* COUNTY SHERIFF DIVE TEAM - Lanes 4 & 5 (Saturday August 23 - 11:00AM - 3:00PM)

\* LIFEGUARD TRAINING - IN-SERVICE - Lanes 1 & 2 (Tuesday July 22 - 6:00PM - 8:00PM)