



Saginaw YMCA Out-of-School Time Program Accomplishments

The YMCA believes all young people deserve the opportunity to discover who they are and what they can achieve. They are committed to helping youth cultivate core values, skills, and social relationships that lead to positive behaviors, educational achievement, and better health. In Michigan, YMCAs provide high-quality out-of-school time programming for youth at more than 160 locations. These before school, afterschool, and summer programs offer safe and healthy environments for youth to receive academic enrichment, healthy meals and snacks, physical activity, and develop positive relationships with adults and their peers.

The State Alliance of Michigan YMCAs was a recipient of the 2023-2024 Michigan Department of Lifelong Education, Advancement, and Potential (MiLEAP) Out-of-School Time Grant program and coordinated the implementation of this grant for 25 local Michigan YMCAs. This fact sheet presents the key findings from Saginaw YMCA's implementation of the MiLEAP program.

Saginaw YMCA Before and Afterschool Programs

1

Location

165

Youth Participated

66,000

Number of Meals/
Snacks Distributed*

YMCA Before and Afterschool Programs Contribute to Improved Performance in School



132

average daily minutes of academic enrichment provided.



*The number of meals and snacks served by Saginaw YMCA were collected from before and afterschool programs also funded by the Michigan Department of Health and Human Services in 2023-2024.

This fact sheet was developed under a grant awarded by the Michigan Department of Education.



Saginaw YMCA Out-of-School Time Program Accomplishments

Saginaw YMCA Summer Programs

3

Locations

272

Youth Participated

26,100

Number of Meals/
Snacks Distributed*

YMCA Summer Programs Improve Youth Self-Confidence and Attitudes Towards School

100%

find out what they are good at doing.

100%

discover things they want to learn more about.



YMCA Summer Programs Help Prevent Summer Learning Loss and Contribute to Improved School Performance



174

average daily minutes of
academic enrichment
provided.

95%

of caregivers agree programs
prevent their child's summer
learning loss.

Caregivers Agree YMCA Summer Programs Help Youth Build Relationships with their Peers and other Adults

100%

of caregivers believe their children are
building relationships with their
peers.

95%

of caregivers believe their children are
building positive relationships with
caring adults.

*The number of meals and snacks served by Saginaw YMCA were collected from summer programs also funded by the Michigan Department of Health and Human Services in 2023-2024.

Data used to develop this fact sheet include were gathered directly from youth and their parents participating in the YMCA's before school, afterschool, and summer MiLEAP programs by Altarum Institute.

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