* The Aquatics Department reserves the right to change the Schedule and/or its Policies at any time if judged necessary

SHALLOW POOL SCHEDULE - MAY 2025											
POOL	SUN	MON	TUE	WED	THR	FRI	SAT				
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p				
5:30-6:00	***	***	***	***	***	***	***				
6:00-6:30	***	***	***	***	***	***	***				
6:30-7:00	***	***	***	***	***	***	***				
7:00-7:30	***						***				
7:30-8:00	***						***				
8:00-8:30	***						***				
8:30-9:00	***										
9:00-9:30	***										
9:30-10:00	***										
10:00-10:30	***						YSL				
10:30-11:00							LESSONS ONLY				
11:00-11:30		WATER		WATER		WATER	LESSONS ONLY				
11:30-12:00		FITNESS		FITNESS		FITNESS	YSL				
12:00-12:30											
12:30-1:00											
1:00-1:30			ISD		ISD		BIRTHDAY				
1:30-2:00			ISD		ISD		SPLASH PARTY				
2:00-2:30		***	***	***	***	***	PARENTS				
2:30-3:00		***	***	***	***	***	NIGHT OUT *				
3:00-3:30		***	***	***	***	***	BAPTISM				
3:30-4:00	***	***	***	***	***	***					
4:00-4:30	***		HOST	YSL	YSL		***				
4:30-5:00	***		HOST	LESSONS ONLY	LESSONS ONLY		***				
5:00-5:30	***		HOST	YSL	LESSONS ONLY		***				
5:30-6:00	***				YSL		***				
6:00-6:30	***		WATER				***				
6:30-7:00	***		FITNESS			***	***				
7:00-7:30	***					***	***				

YOUTH SWIM LESSONS

REGISTERED SWIM LESSON PARTICIPANTS ONLY

No Other Members/Swimmers Will Be Allowed in Shallow Pool During Swim Lesson Periods

NO EXCEPTIONS!!

OPEN SWIM PERIOD

YOUTH OF ALL AGES & FAMILY WELCOME

under the AGE OF 4 – Must be in the arms of an adult or at arm reach of an adult at all times (ratio 1:1)

AGES 4 to 7 YEARS OLD – Adult must be in the water and always keep swimmers at arm reach (ratio 1:4)

AGES 8 to 13 YEARS OLD – Adult must be in the water or on the pool deck (ratio 1:6)

WATER FITNESS

ACTIVE CLASS PARTICIPANTS ONLY

No Other Members/Swimmers Will Be Allowed in Shallow Pool During Water Fitness Classes (Unless Private Swim Lesson or PT)

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NO EXCEPTIONS!!

ISD - TRANSITION CENTER

HEALTH OUT OF SCHOOL TIME

*** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED ***

** SPECIAL SCHEDULED EVENTS OR CLASSES **

- * PARENTS NIGHT OUT Shallow Pool (Saturday May 03 2:00PM 3:30PM)
- * PARENTS NIGHT OUT Shallow Pool (Saturday May 17 2:00PM 3:30PM)
- * SPLASH BIRTHDAY PARTY Shallow Pool (Saturday May 10 1:00PM 2:30PM)
 - * BAPTISM Shallow Pool (Saturday May 31 3:00PM 4:00PM)

DEEP POOL SCHEDULE - MAY 2025											
POOL	SUN	MON	TUE	WED	THR	FRI	SAT				
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p				
5:30-6:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***				
6:00-6:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***				
6:30-7:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***				
7:00-7:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***				
7:30-8:00	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***				
8:00-8:30	***	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	***				
8:30-9:00	***	WATER	WATER	WATER	WATER	WATER	LIFEGUARD *				
9:00-9:30	***	FITNESS	FITNESS	FITNESS	FITNESS	FITNESS	MAY 24 - ALL DAY				
9:30-10:00	***										
10:00-10:30	LIFEGUARD *						YSL				
10:30-11:00	MAY 18 - ALL DAY						YSL				
11:00-11:30							YSL				
11:30-12:00	LIFEGUARD *						YSL				
12:00-12:30	MAY 25 - ALL DAY	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM					
12:30-1:00		LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM	LAP SWIM					
1:00-1:30	FAMILY FUN										
1:30-2:00	FAMILY FUN										
2:00-2:30	FAMILY FUN	***	***	***	***	***					
2:30-3:00	FAMILY FUN	***	***	***	VETERANS	***					
3:00-3:30	FAMILY FUN	***	***	***	ONLY	***					
3:30-4:00	***	***	***	***	***	***	***				
4:00-4:30	***			YSL	YSL		***				
4:30-5:00	***	SPECIAL OLY		YSL	YSL		***				
5:00-5:30	***	SPECIAL OLY		YSL	YSL		***				
5:30-6:00	***	SPECIAL OLY		YSL	YSL		***				
6:00-6:30	***		MASTER SWIM	YSL	WATER		***				
6:30-7:00	***		TIPS & TRICKS	YSL	FITNESS	***	***				
7:00-7:30	***				DIVE & GLIDE *	***	***				

LAP SWIM ONLY

Must Be Swimming Full Length Using Swim Strokes or Swim Drills (Freestyle, Back, Breast, Fly, etc) - At Least 80% of Time in Lane -

THREADING, WATER AEROBICS, NOODLES, ETC MUST MOVE TO LANE 1 - NO EXCEPTIONS!!

WATER FITNESS

ACTIVE CLASS PARTICIPANTS ONLY Fitness to Use Shallow End Only Lines Will Be Moved to Lane 5 Wall Deep End Marking Line Installed

Deep End May be Used for Threading or Exercises (Must Be Able to Enter AND Exit Deep End Unassisted Using Ladder or Pool Deck)

OPEN SWIM PERIOD

YOUTH & FAMILY WELCOME

Lap Swim Prioritized - Lanes 2-3-4

Under 14 MUST Take Swim Test
PARENT MUST BE IN WATER WITH
YOUTH UNDER 8 AT ALL TIME

** See Lifeguard on Duty **
ONLY YOUTH WHO PASSED SWIM TEST WILL
BE ALLOWED IN DEEP POOL

FAMILY FUN SUNDAY

YOUTH & FAMILY WELCOME

Use of Shallow End Only

PARENT MUST BE IN WATER WITH
YOUTH UNDER 14 AT ALL TIME

All Participants Must Remain in Shallow End of Pool

NO KIDS UNDER 5 ALLOWED

YOUTH SWIM LESSONS - LANES 4 & 5 RESERVED - OPEN SWIM IN LANES 1, 2 & 3

SPECIAL OLYMPICS SWIM TEAM - LANES 3, 4 & 5 RESERVED - OPEN SWIM IN LANES 1 and 2 VETERANS ONLY * POOL CLOSED TO ALL OTHERS * NO ACCESS TO POOL DECK OR HOT TUB

NAVY SEALS - LANES 4 RESERVED - OPEN SWIM IN LANES 1. 2. 3 & 5

MASTER SWIM / LAP SWIM TIPS & TRICKS - LANES 3, 4 & 5 RESERVED - OPEN SWIM IN LANES 1, & 2

*** POOL CLOSED *** NO ACCESS TO POOL DECK OR HOT TUB *** POOL CLOSED ***

** SPECIAL SCHEDULED EVENTS OR CLASSES **

- * DIVE & GLIDE (Scuba Diving) DEEP END (Thursday PM Starting at 6:30PM)
- * LIFEGUARD RE-CERTIFICATION Lanes 1 & 2 (ALL DAY Sunday May 18)

 * LIFEGUARD CERTIFICATION Lanes 1 & 2 (ALL DAY Saturday May 24 and Sunday May 25)