

SHALLOW POOL SCHEDULE - APRIL 2025

POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***	***	***	***	***	***	***
6:00-6:30	***	***	***	***	***	***	***
6:30-7:00	***	***	***	***	***	***	***
7:00-7:30	***						***
7:30-8:00	***						***
8:00-8:30	***						***
8:30-9:00	***						
9:00-9:30	***						
9:30-10:00	***						
10:00-10:30	***						YSL
10:30-11:00							LESSONS ONLY
11:00-11:30		AQUA FLEX		AQUA FLEX		AQUA FLEX	LESSONS ONLY
11:30-12:00		AQUA FLEX		AQUA FLEX		AQUA FLEX	YSL
12:00-12:30							
12:30-1:00							
1:00-1:30			ISD		ISD		
1:30-2:00			ISD		ISD		
2:00-2:30		***	***	***	***	***	PARENTS
2:30-3:00		***	***	***	***	***	NIGHT OUT *
3:00-3:30		***	***	***	***	***	
3:30-4:00	***	***	***	***	***	***	***
4:00-4:30	***		HOST	YSL	YSL		***
4:30-5:00	***		HOST	LESSONS ONLY	LESSONS ONLY		***
5:00-5:30	***		HOST	YSL	LESSONS ONLY		***
5:30-6:00	***				YSL		***
6:00-6:30	***		AQ FLEX PM				***
6:30-7:00	***		AQ FLEX PM			***	***
7:00-7:30	***					***	***

OPEN SWIM - Youth and Families Welcome

Youth under 8 must have an adult in the water within arms reach - 1 adult to 4 Youth

Youth 8 - 13 must have an adult on the pool deck, or in the water, observing them

AQUA FLEX (Every Monday, Wednesday, and Friday)

ISD - TRANSITION CENTER (Every Tuesday and Thursday)

YOUTH SWIM LESSONS (Starting April 9 - Every Wednesday, Thursday, and Saturday)

** ACCESS TO SHALLOW POOL - SWIM LESSON PARTICIPANTS **ONLY** DURING YSL **

** **NO OTHER MEMBERS/SWIMMERS WILL BE ALLOWED IN SHALLOW POOL DURING YSL** **

HEALTH OUT OF SCHOOL TIME (Starting April 15 - Every Tuesday)

AQUA FLEX - PM (Every Tuesday)

*** POOL CLOSED ***

** SPECIAL SCHEDULED EVENTS OR CLASSES **

* PARENTS NIGHT OUT - Shallow Pool (April 05 - 3:00PM - 4:30PM)

* PARENTS NIGHT OUT - Shallow Pool (April 19 - 2:00PM - 3:30PM)

DEEP POOL SCHEDULE - APRIL 2025

POOL	SUN	MON	TUE	WED	THR	FRI	SAT
HOURS	10:30a-3:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-7:30p	5:30a-6:30p	8:30a-3:30p
5:30-6:00	***						***
6:00-6:30	***						***
6:30-7:00	***						***
7:00-7:30	***						***
7:30-8:00	***						***
8:00-8:30	***						***
8:30-9:00	***	AQUA FIT	H2O BLAST	AQUA FIT	H2O BLAST	AQUA FIT	LIFEGUARD *
9:00-9:30	***	AQUA FIT	H2O BLAST	AQUA FIT	H2O BLAST	AQUA FIT	APRIL 5 - ALL DAY
9:30-10:00	***						
10:00-10:30	***						YSL
10:30-11:00	LIFEGUARD *						YSL
11:00-11:30	APRIL 6 - ALL DAY				NAVY SEALS		YSL
11:30-12:00							YSL
12:00-12:30	LIFEGUARD *						
12:30-1:00	APRIL 13 - ALL DAY						
1:00-1:30					VETERANS		
1:30-2:00					VETERANS		
2:00-2:30		***	***	***	***	***	
2:30-3:00		***	***	***	***	***	LIFEGUARD *
3:00-3:30		***	***	***	***	***	APRIL 26 - ALL DAY
3:30-4:00	***	***	***	***	***	***	***
4:00-4:30	***			YSL	YSL		***
4:30-5:00	***	SPECIAL OLY		YSL	YSL		***
5:00-5:30	***	SPECIAL OLY		YSL	YSL		***
5:30-6:00	***	SPECIAL OLY		YSL	YSL	LIFEGUARD *	***
6:00-6:30	***		MASTER SWIM	YSL	AQUA FIT - PM	APRIL 25 - EVENING	***
6:30-7:00	***		TIPS & TRICKS	YSL	AQ FIT - PM / DIVE	***	***
7:00-7:30	***				DIVE & GLIDE *	***	***

LAP SWIM & OPEN SWIM (Youth and Families Welcome)
 Youth under 14 must take a swim test ** See Lifeguard on duty
Lap Swim Prioritized in Lanes 2,3,4 & 5

AQUA FIT - Lane 1 - 5 Shallow End (Every Monday, Wednesday, and Friday)

H2O BLAST - Lane 1 - 4 Shallow End (Every Tuesday and Thursday)

AQUA FIT PM - Lane 1 - 4 Shallow End (Every Thursday)

VETERANS WATER CLASS - Lanes 3-5 (Every Thursday 1:00PM - 2:00PM)

YOUTH SWIM LESSONS (Starting April 9 - Every Wednesday, Thursday, and Saturday)

SPECIAL OLYMPICS SWIM TEAM - Lanes 3, 4 & 5 (Every Monday 4:30PM - 6:00PM)

NAVY SEALS - Lanes 5 (Every Thursday 11:00AM)

MASTER SWIM / LAP SWIM TIPS & TRICKS - Lanes 4 & 5 (Every Tuesday 6:00PM - 7:15PM)

***** POOL CLOSED *****

** SPECIAL SCHEDULED EVENTS OR CLASSES **

*** DIVE & GLIDE (Scuba Diving) - Lanes 4 & 5 (Thursday PM - Starting at 6:30PM)**

*** LIFEGUARD CERTIFICATION - Lanes 4 & 5 (Saturday April 05, and Sunday April 06)**

*** LIFEGUARD RE-CERTIFICATION - Lanes 4 & 5 (Sunday April 13)**

*** LIFEGUARD CERTIFICATION - Lanes 4 & 5 (Friday April 25 - and Saturday April 26)**