

Our Cause

The Y is a powerful association of men, women and children of all ages and from all walks of life, joined together by a shared passion: to strengthen the foundations of community.

With a commitment to nurturing the potential of kids, promoting healthy living and fostering a sense of social responsibility, the Y ensures that every individual has access to the essentials needed to learn, grow and thrive. Anchored in more than 10,000 neighborhoods around the country, the Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change.

Though the world may be unpredictable, one thing remains certain – the Y is, and always will be, dedicated to building healthy, confident, secure and connected children, families and communities.

Why should I give to the Annual Campaign? I already pay my membership dues and program fees.

At the Y strengthening community is our cause and for 151 years we have answered the call!

Your membership dues offset the direct costs of delivering YMCA programs and services to our members. They help us operate our pools, maintain our equipment, keep the building clean and pay our employees. Membership dollars are not used to fund the good work that we do in the community. Annual Campaign dollars help give the gift of Y programs, services and membership to individuals and families who need us. We ask you to consider a gift to our Annual Campaign; to make an investment towards a better Saginaw. With your help we focus on what we do best; Youth Development, Healthy Living and Social Responsibility.

Message from the President & CEO

We all understand the challenges that our neighbors face. People of all ages and backgrounds struggle to reach their full potential. But where society falls short, the Y—and donors like you—step in. Donors, volunteers, members, neighbors, and partners like you make the difference. The YMCA Annual Campaign allows children, families and adults to lead healthier lives – regardless of their ability to pay.

Our supported programs this year include drowning prevention through our Safety Around Water and swim lessons programs, healthier youth during out of school time in safe places featuring physical activity and nutritional education, developing leaders through summer camp experiences, chronic disease prevention and management for health seekers, and wellness programming designed to improve the quality of life for seniors.

The YMCA of Saginaw has strengthened our community since 1868. As one of the nation's favorite charities and a 501(c)(3) organization, the Y puts your tax-deductible gifts to work for our deserving neighbors by supplementing what a family is able to pay. Every dollar remains local, ensuring our neighbors – including kids, families and seniors – can count on the Y to live healthier and happier lives.

Thank you for supporting the good works of the YMCA of Saginaw.

Steve Meyer
President and CEO

Help build a better us.
» **DONATE TODAY.**



YMCA OF SAGINAW
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The Y.™ For a better us.



**REACHING
OUR POTENTIAL**

Annual Campaign
YMCA OF SAGINAW





Youth Development

Nurturing the potential of every child and teen.

In 2018 KidsCampUs became a reality. Working together with the Boys & Girls Clubs of the Great Lakes Bay Region, we can truly impact youth during the crucial after school hours resulting in a better chance at success in and out of the classroom. As part of our partnership, students participate in YMCA programs and events, such as Safety Around Water. With over 11,000 lakes, Michigan has a body of water within approximately six miles of any child. All children, for this reason alone, need to learn how to swim and to be safe in or near water.

“When I first started the program, I didn’t really know what to expect. But as I’m with the kids, I learned that some of them had never been in an actual pool before, let alone know how to swim. SAW is definitely an experience being able to teach kids the importance of knowing more safety skills and important rules around water.”

Victoria Zavala, SAW and Swim Instructor

Healthy Living

Improving the nation’s health and well-being.

When children have healthy food options their lives are improved. Providing children in Saginaw County a healthy meal each day gives them a sense of safety and well-being. Teaching children to be active each day sets them on a path to a healthy lifestyle. The Mission Nutrition program has given the YMCA of Saginaw the opportunity for exponential growth within our community over the past year. Starting as a sponsored site in 2017 and growing into a self-sponsor, in 2018 the Y sponsored 11 sites and served 24,317 meals through the Mission Nutrition food program.

“As I watched the different young people receiving their meals, I could see who viewed the food as a snack, a bridge from what they had earlier to what they would eat later, and those who considered it to be their most substantial meal of the day. The meals brought needed, dependable summer sustainability, appreciated by all. As a YMCA volunteer, it was an honor to be a part of it.”

Tyrone Harge, Mission Nutrition Volunteer

Social Responsibility

Giving back and providing support to our neighbors.

At the YMCA we consistently work with community partners to further our goal of improving Saginaw. The YMCA has developed a partnership with the Aleda Lutz VA Medical facility to proactively reach Veterans in this area. We extend the opportunity to join our cause with no join fee. Additionally, every Tuesday is “Tribute Tuesday” where Veterans and their families are guests.

“I am a Vietnam Veteran who has participated in the water aerobics program afforded by the Saginaw YMCA since the beginning of the partnership with the VA. It has really helped me with my exercise regimen, having had both knees and both shoulders replaced. The water exercise makes it possible for me to participate as it is easier on my joints. In talking with other Veterans participating in this program, they also find the water exercise easier because of age and weight issues. Thanks to the Saginaw YMCA we are able to get our health back on track.”

Dave Malenfant, US Army Veteran

To learn more about giving to the Y, contact: **Ann Szymanowski at 989-753-7721 ext 208** or visit **SaginawYMCA.org/Give**

Help us reach our future potential

- I/we have remembered the YMCA as part of our planned giving initiative. Please include me/us in the 1868 Club.
- Please contact me/us about making a non-monetary gift .
- I/we are interested in learning more about establishing or adding to a specific fund within the YMCA endowment.

Name _____

Best way to contact _____

Best time to contact _____

Email _____

Address _____

Home phone _____

Cell phone _____

