



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

**For Immediate Release**

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## **YMCA of Saginaw Up for the Best Summer Ever™**

Saginaw, June—The countdown to summer is on and kids aren't the only ones looking forward to the summer months.

The YMCA of Saginaw is getting ready for an influx of programming and activities that stimulate both mind and body, in an effort to help children have an amazing summer. "It's important that children both play and learn throughout the summer," says Tina Swanton, Aquatics and Lead Program Director. "From summer camp to swim lessons to providing free meals, the Y is able to support all children in Saginaw and helps them discover and reach their full potential."

Day Camp at the Y provides preschool aged kids with adventure, healthy fun, personal growth and friendships that can take a so-so summer and turn it into a memory that lasts a lifetime. YMCA of Saginaw's camps provide a welcoming environment for kids where they can belong, build relationships, develop character and discover their potential. Day Camp runs weekly from June 18th through August 17th. The YMCA of Saginaw will also be offering specialty camps for STEM, Culinary, Performing Arts and Archery.

Since summer is synonymous with swim season, the Y encourages families to explore the benefits of swimming while also keeping safety top of mind. Through the Y's Safety Around Water program, parents and caregivers will be encouraged to help their children learn fundamental water safety and swimming skills. During the course, children will learn how to respond if they find themselves in unexpected water situations.

And while each of these programs keep children busy and engaged throughout the summer, kids can't focus when they're hungry. Children who rely on low-cost lunch plans during the school year are at risk of going hungry when school's not in session. The Y's Summer Food Program helps fill that gap to make sure kids can enjoy healthy meals and snacks throughout the summer. The Y will be serving lunches at 11 sites: YMCA of Saginaw, Heart of Saginaw, Green Acres Apartment Complex, St John's ELCA church, Imerman Memorial Park, Haithco Recreation Area, Bliss Park, Deindorfer Woods, Otto Roeser Park, Vets McKinney and Fordney Park. For a detailed calendar, please visit the YMCA website.

Whether it's keeping little ones fed, keeping kids safe around water, or keeping them active

and engaged throughout the summer, the Y has a program to benefit all youth in the community.

To learn more, visit [www.SaginawYMCA.org](http://www.SaginawYMCA.org) or call (989) 753-7721.

### ***About the Y***

The Y is one of the nation's leading nonprofits strengthening communities through youth development, healthy living and social responsibility. Across the U.S., 2,700 Ys engage 22 million men, women and children – regardless of age, income or background – to nurture the potential of children and teens, improve the nation's health and well-being, and provide opportunities to give back and support neighbors. Anchored in more than 10,000 communities, the Y has the long-standing relationships and physical presence not just to promise, but to deliver, lasting personal and social change. [ymca.net](http://ymca.net)