



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

SAFETY AROUND WATER

HAITHCO PARK

A large percentage of children drown within 6-10 feet of safety. Most of these drownings happen because of lack of basic water safety knowledge and skills. The basic skills that children need to know and will learn in this program are:

- Rhythmic breathing and breath control
- How to master and control buoyancy
- How to open their eyes under water

This is a grant funded program for children between the ages of 6 and 10 years. To register please visit www.SaginawYMCA.org or stop in to the YMCA.

Questions: Please contact Tina Swanton, Aquatics and Lead Program Director at TMSwanton@SaginawYMCA.org

WHEN: June 23-July 21 or July 28-Aug 25

TIME: Thursdays, 4:30-5:30pm

Location: Haithco Park Beach Front

Fee: FREE for the first 20 to register

HOSTED BY: YMCA OF SAGINAW

1915 Fordney St.
Saginaw, MI 48601
(989) 753-7721

www.SaginawYMCA.org

